



# BENNACHIE HILL RACE

## BENNACHIE JUNIOR HILL RACE

Organised under Scottish Athletics Ltd Rules. Permit No. 2046

**SUNDAY 4th OCTOBER 2009 at 2.00 p.m.**

At the "Back of Bennachie" Car Park, Oyne, Aberdeenshire

Entry Fee: Seniors £5.00 SAL, £7.00 Non SAL, Juniors £2.00

Senior Race, 12.8K with 550 m climb. Junior Race 5K with 150 m climb

Details of location, courses, records etc at [www.gariochrr.freeuk.com](http://www.gariochrr.freeuk.com)

Name .....

Address .....

Postcode .....

Tel. No ..... e-mail address.....

Date of Birth..... Age on Race Day.....

Club ..... Scottish Athletics No. ....

Race category entered (Please tick)

	50+	40+	18+	U18	U16	U14
Male						
Female						

I agree to submit to the jurisdiction of S.A.Ltd. on all matters relating to this event and abide by their rules. I declare I am an amateur, medically fit to run. I also declare that I will not hold the organizers, sponsors and their assistants responsible for any injury, illness and loss or damage to person or property

Please find enclosed entry fee of £ ..... (Cheques payable to Garioch Road Runners)

Signed ..... Date .....

Entry forms returned to **B Taylor, 21 Dundydeer Park, Inch, AB52 6GD** by 29.09.09  
NB entries are available on the day

Race Sponsor



**Run 4 It, 21 Holburn Street, Aberdeen. AB10 6BS Tel 01224 594400**  
[www.run-4-it.com](http://www.run-4-it.com)